



Justiz- und Sicherheitsdepartement des Kantons Basel-Stadt

Learning programme against domestic violence

An offer for men and women from Basel-Stadt for a life without violence in families and couples



Does this sound familiar?

When you argue with your partner or kids...

...you feel overwhelmed and afraid of losing control.

...you have shouted or made insults or threats.

...you have shoved, punched, spat, hit, choked or been afraid that you would do any of these things.

...you have destroyed objects or thrown them at other people.

...you feel that other people are afraid of you.

Even if only one of these points applies: Take it seriously. Protect the people you love! When somebody is violent, everyone suffers, especially children whether they experience this violence directly or indirectly. Domestic violence has a serious negative impact on how children develop.

Take the first step towards a violence-free future!

Take part in the learning programme against domestic violence. The effect is perceptible: People who participate in the programme have fewer relapses. Participants learn what causes and triggers their violence and how they can prevent it.

The course is led by specialists with many years of experience in domestic violence.

Who can take part in the learning programme?

The learning programme is aimed at adults who have been violent or threatened violence in an existing or previous relationship or in their family.

After registering, you will have an intake interview with the course providers. Foreign-language speakers work with an interpreter. The course is free.

What are the aims of the learning programme?

- You will learn to recognise your own patterns of violence.
- You will get to know your relapse risk and devise strategies against relapse.
- You will learn to argue and discuss without violence.
- You will develop perception of yourself and others.
- You will develop confidence in your new-found skills.

Registration:

To arrange an appointment for the intake interview, please contact:

Abteilung Gewaltschutz und Opferhilfe

Telephone: +41 (0)61 267 44 90

Email: haeusliche-gewalt@jsd.bs.ch

Authorities who register a person for the learning programme should send all the relevant documents to the Department of Protection Against Violence and Victim Support (Abteilung Gewaltschutz und Opferhilfe).

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Justiz- und Sicherheitsdepartement Basel-Stadt

Generalsekretariat

Abteilung Gewaltschutz und Opferhilfe

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